

# Larabar- Chocolate Chip Cookie Dough

## Nutrition Facts

1 servings per container

**Serving size**

**1 bar (45g)**

**Amount Per Serving**

**Calories**

**210**

**% Daily Value\***

**Total Fat** 11g **15%**

Saturated Fat 3g **16%**

*Trans* Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 6g

**Cholesterol** 0mg **0%**

**Sodium** 55mg **2%**

**Total Carbohydrate** 25g **9%**

Dietary Fiber 2g **6%**

Total Sugars 15g

Includes 3g Added Sugars **7%**

**Protein** 3g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 2.4mg **10%**

Potassium 260mg **4%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.